

were observed in early July 1976 along creekside shrub habitats.

RED ADMIRAL (*Vanessa atalanta*). Observed in cottonwood stands.

MOURNING CLOAK (*Nymphalis antiopa*). Observed in tall shrub and poplar stands.

PEARL CRESCENT (*Phyciodes tharos pulchella*). June 7, June 10, 1974; June 29, 1975. Found in low shrub areas.

CARLOTA CHECKERSPOT (*Chlosyne gorgone carlota*). June 10, 1974. Found in low shrub and grassy areas.

ACASTA CHECKERSPOT (*Chlosyne acastus acastus*). June 30, July 5, 1974; June 30, 1975. Found in coulee bottoms containing sagebrush, greasewood and grasses. This species is previously known in Alberta only from badland areas along the Red Deer and Oldman River systems.

EDWARD'S FRITILLARY (*Speyeria edwardsii*). July 21, 1967. Collected by A. G. Edmund.

CALLIPPE FRITILLARY (*Speyeria callippe calgariana*). July 1, July 3, July 5, 1974; July 24, 1975. Found in mixed prairie areas.

APHRODITE (*Speyeria aphrodite mayae*). July 24, 1975. Found in long grass and shrub areas.

RINGLET (*Coenonympha inornata benjamini*). June 7, 1974; June 29, 1975. Found in grassland areas.

COMMON WOOD NYMPH (*Cercyonis pegala ino*). July 6, August 3, 1974; July 24, 1975. Found in most grass and shrub areas.

SMALL WOOD NYMPH (*Cercyonis oedon charon*). June 30, July 8, 1974; July 24, 1975. Found in areas of sagebrush and greasewood.

RIDING'S SATYR (*Neominois ridingi ridingsii*). July 3, 1973. Collected by Hilchie.

VARUNA ARCTIC (*Oeneis uhleri varuna*). June 7, June 10, June 11, 1974. Found in mixed grassland areas.

¹BIRD, C. D. and N. KONDLA. 1974. Some skippers and butterflies from Dinosaur Provincial Park, Alberta. *Blue Jay* 52: 87-88.

²BROWN, F. M. 1960. A badlands species of *Limenitis weidemeyeri* Edwards (Lepidoptera, Nymphalidae). *American Museum Novitates*, Number 2018, 6 pp.

³GREGORY, W. W. 1975. Check-list of the butterflies and skippers of Canada. *Lyman Entomological Museum and Research Laboratory Memoir No.* 1975.

⁴HOOPER, R. 1974. Butterflies of Saskatchewan. Saskatchewan Department of Renewable Resources.

⁵SOPER, J. D. 1949. Notes on the fauna of the former Nemiskam National Park and vicinity, Alberta. *Canadian Field-Naturalist* 63: 167-182.

⁶THOMAS, M. K. 1953. Climatological atlas of Canada. Canada Department of Transport. Ottawa 255 pp.

A SNAKE'S WINTER

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Any animal that lives year-round in the Prairie Provinces must tolerate long and cold winters. Different animals cope with these severe conditions in different ways. Many homeotherms (warm-blooded animals) are capable of staying active throughout the winter if food remains available. Maintenance of a high metabolic rate and good insulation

(i.e., hair, feathers, and subdermal fat) permit maintaining a body temperature high enough to allow activity. Some homeotherms become torpid during the winter, occasionally becoming active to feed on stored food. Others, particularly those whose food source essentially ceases to appear for the winter, cannot meet the high energy demands of staying active under such cold conditions and are forced to hibernate.

Since their body temperature

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pressed during hibernation, homeotherms select their overwintering sites to avoid freezing temperatures. However, if by chance environmental temperature drops within one or two degrees of freezing, most homeotherms are aroused and increase their metabolism, thus raising body temperature. This allows them to become active, and possibly seek more suitable shelter.

Poikilotherms (cold-blooded animals) do not display this wide range of capabilities. They produce relatively less metabolic heat than homeotherms. With no effective surface insulation such as hair or feathers, and little subdermal fat, their body temperature depends on the temperature of their immediate surroundings and what heat they can absorb from the sun's rays. Unless there is an external source of heat such as sunlight, temperatures below that at which ice forms in their tissues quickly kill most poikilotherms. As all poikilotherms in this area must hibernate, and they must do it in a sheltered place. The Red-sided Garter Snake (*Thamnophis sirtalis*) is particularly interesting. Not only is it the most common reptile in Manitoba, but it lives farther north than any other reptile on this continent. Thus it is likely this poikilotherm has developed a good mechanism for surviving the winter.

The Red-sided Garter Snake escapes low winter temperatures by going underground. Not being a very good burrower, this snake relies on natural accesses to the soil to get below the frost line. For this reason it is largely confined to the more rocky areas of the province like the Lake of the Woods. Here water erosion has created many cracks and fissures in the limestone. In some places subglacial erosion has created larger patterns and limestone sinks (caverns and a series of fissures which have collapsed creating a rocky pit). These serve as natural hibernacula for snakes.

This species dens communally and in the fall tens of thousands of garter snakes congregate around the hiber-

nacula. The snakes start collecting around the den sites in early September. When temperatures drop at night they seek shelter in the hibernaculum, re-emerging the next day. As the weather gets colder, fewer snakes remain active, and these spend less time above the surface. The last animals finally disappear underground around late October . . . Low environmental temperatures will depress the snakes' body temperatures. Decrease body temperature will decrease all body activity. Thus the snakes are unable to move very far or very fast in the cold. Because of this, they could be trapped above ground for the winter by low late-autumn temperatures if they were not already at the den site.

The original selection of a hibernaculum is probably a function of accessibility to frost-free areas, and it appears that almost any access route will do. Several hundred snakes now use the foundation of the creamery at Inwood, Manitoba, as a hibernaculum. The creamery may have been built over an already-active den without deterring the snakes. . . Or, it could have developed as a denning site after its construction. Several of the local residents have snakes hibernating in their basements and barns. Although some people have an aversion to this harmless little snake and object to the intrusion, it was probably the people who intruded on the snakes.

Young snakes do not spend their first winter at a communal den. They are born in August at or near the areas of summer habitation. Although it is almost certainly someplace underground, no one knows exactly where they spend the first winter. They might overwinter individually in smaller fissures and openings in the rock. Young garter snakes have, on occasion, been found in anthills, and these have been suggested as possible overwintering sites. The second winter is spent at a communal den. What causes a snake to make this change in denning habits is also unknown. We do know that once a hibernaculum is selected, the snakes tend to return to



Garter Snake

J. B. Gollop

the same den year after year. That is, the snakes display a homing instinct like many other migratory animals.

What happens to the snakes during their six months underground? We really don't know. It is only with a decreased metabolic rate that animals can survive such long periods of fasting. Mammals must invoke special mechanisms to decrease their body temperatures. Of course, to a snake this is the normal condition. The lowered temperature decreases the rate of the body's reactions. We don't know exactly what the temperatures are in dens during the winter. The lowest temperature recorded in one den was 1°C (34°F), but in places it may get colder. The Red-sided Garter Snake has a certain resistance to cold. It can tolerate -10°C (14°F) for one-half hour or more. It appears that this resistance increases with increased cold exposure, so that in the winter the snakes are most capable of tolerating low temperatures. But the snakes freeze after prolonged exposure to such cold.

Poikilothermic vertebrates cannot tolerate actual freezing. Once their tissues have frozen, they have little capacity for revival when thawed. However these animals may be able to indefinitely resist freezing at temperatures only a few degrees below 0°C (32°F). There are several possible ways to do this. One is to increase the concentration of solutes in the body fluids which depresses the actual freezing point of the fluids.

Another involves the phenomenon of supercooling. The "freezing point" is the highest temperature at which ice can exist in a solution. Supercooling is the condition in which the tissue temperature is below its freezing point without the formation of ice. The mechanism of supercooling in tissues and cells involves nothing more than the physico-chemical nature of water and the spontaneous formation of ice crystals. Even pure water can be supercooled to -20°C (-4°F) and lower. There is reason to believe that the capacity to supercool might vary from species to species and might also vary with the state of hydration of an animal, or the temperatures to which it has been recently exposed.

The Plains Garter Snake (*Thamnophis radix*), another species found in Manitoba, has been found to hibernate successfully at -2°C (28°F). This suggests a long-term supercooling capacity. The Red-sided Garter Snake may also have this capacity. All these means of survival involve a tolerance of low temperatures. Unlike mammals, though, is little a garter snake can do to increase its body temperature either by increasing its metabolic rate or shivering.

Despite the various mechanisms, this snake has evolved to survive winter, there still appears to be a high degree of overwintering mortality. Perhaps many of the snakes don't burrow deep enough underground to avoid freezing. Or perhaps many die from lack of oxygen. We may never know. Like so much of our knowledge of adaptations these reptiles have made to survive our harsh climate, we still know very much out in the cold.